

2011 Event/Race Season Calendar

Event	Date	Location	Website
Runs			
Rock and Roll ½ -Run	March 27	Dallas	www.dallas.competitor.com
Crazy Beaver Off Road-Run 13.1 trail run	April 9	Grand Prairie	www.cmesports.us
DFW Mud- Run 10k	April 9-10	Fort Worth	http://theoriginalmudrun.com/mud-run-dfw
Fort Worth Zoo Run 10,5k-Run	April 16	Fort Worth	www.fortworthzoo.org/visit/zoorun2011.html
Heels and Hills ½, 10,5k	May 1	Irving	
Hottest Half & 10k-Run	August 14	White Rock, Dallas	www.hottesthalf.com
Heels, Hills & Him ½, 10k,5k	September 25	Irving	
Vineyard Run 5k	October 1	Grapevine	www.vineyardrun.com
Rock and Roll Marathon, ½	November 13	San Antonio	www.san-antonio.competitor.com
Du/Triathlon			
C-Me Du Off- Road Duathlon 4kTrail Run- 20k Mtn Bike-4K Trail Run	April 10	Joe Pool Lake	http://www.cmesports.us/events.html
Cleburne's Ironhorse Sprint-Tri	May 1	City Natatorium, Cleburne	http://www.ironheadrp.com/
Classic Rock Rotary Sprint	May 15	Rockwall	http://www.ironheadrp.com/

Tri			
15 th Annual Metroplex Sprint Tri	June 11 or 12	Joe Pool Lake	http://www.ironheadrp.com/metroplexsprint/index.html
3 rd Annual Tri-Waco Oly/Sprint	July 24	Waco	http://www.ironheadrp.com/waco/index.html
24 th Annual Wool Capital Olympic Triathlon	August 14	Austin	http://www.ironheadrp.com/woolcapital/index.html
Prairie Trail Off-Road Sprint Triathlon	August 21	Joe Pool Lake	http://www.cmesports.us/calendar.html
8 th Annual Prairieman Sprint Tri	September 11	Joe Pool Lake	http://www.ironheadrp.com/prairieman/index.html